

# THE HORIZONS WAY

Horizons Elementary 2024

## Horizon's New Phone Number

920-852-5485

## Upcoming Dates:

February 12-28	Hygiene Donation Drive (see information below)
February 19	No School
March 11	HFN Meeting (6:00 - 8:00 pm)
March 14	1st, 2nd, 3rd Grade Concert (6:00 pm)
March 22-April 1	Spring Break – No School

## School F E E S

If you have not paid your children's school fees, please go on your Parent Portal or come into the office to pay with cash or check. Thank you.



### Community Opportunities for Students

The AASD shares local, community opportunities for students. These community opportunities include upcoming events and activities such as art and music camps, youth athletics, cultural events, enrichment programs, and more. We encourage AASD families to regularly review these opportunities for students of all ages. Check out the [AASD COMMUNITY OPPORTUNITIES FOR STUDENTS WEBPAGE](#) for a current list of opportunities for students.

# THE HORIZONS WAY

Horizons Elementary 2024

**Nuevo número de teléfono de Horizons**

**920-852-5485**

## **Fechas siguientes:**

Del 12 al 28 de febrero Campaña de donación de higiene

15 de febrero Clase para padres (5:30 - 7:00 p.m.)

19 de febrero - No hay clases

11 de marzo Reunión HFN (6:00 - 8:00 pm)

14 de marzo Concierto de 1º, 2º y 3º Grado (6:00 pm)

22 de marzo al 1 de abril Vacaciones de primavera: no hay clases

*School*  
F E E S

Si no ha pagado las cuotas escolares de sus hijos, vaya a su Portal para padres o venga a la oficina para pagar en efectivo o con cheque. Gracias.



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opportunities for students.

# Hygiene and Food Drive

## WHAT

- Horizons Elementary is having a Hygiene and Food Drive to support the efforts of Prince of Peace Lutheran Church.
  - Prince of Peace provides food boxes to families in our district worth \$60
  - Help us help families in need at Horizons and at other schools in our area by donating nonperishable food items February 12-28.

## WHEN

- Now through February 28th

## HOW

- Bring in any of the following items. The class will count their items each day.



Here are some examples of non perishable, shelf stable food items we are seeking:

Canned Goods	Boxed Meals	Breakfast foods	Hygiene Items
<ul style="list-style-type: none"><li>• Vegetables</li><li>• Fruit</li><li>• Soup</li><li>• Meat-Tuna, Chicken, Ham</li><li>• Pasta Meals</li></ul>	<ul style="list-style-type: none"><li>• Hamburger or Tuna Helper</li><li>• Taco Kits</li><li>• Macaroni and Cheese</li></ul>	<ul style="list-style-type: none"><li>• Cereal</li><li>• Oats/Oatmeal</li><li>• Crackers</li><li>• Pasta Sauce</li><li>• Peanut Butter</li><li>• Jelly/Jam</li></ul>	<ul style="list-style-type: none"><li>• Deodorant</li><li>• Shampoo</li><li>• Soap</li><li>• Toothpaste</li><li>• Toothbrush</li><li>• Hair products</li></ul>

**Before donating, please double check that the food has not expired.** Any food item that has expired will not be able to be used.

# de Recolección de Alimentos y Artículos para Higiene Personal

## ¿QUÉ?

- La Primaria Horizons tiene un concurso de recolección de alimentos y artículos para higiene personal, para apoyar los esfuerzos de la Iglesia Luterana de "Prince of Peace" (Príncipe de Paz).
  - "Prince of Peace" provee cajas con alimentos con un valor de \$60 a las familias de nuestro distrito.
  - Ayúdenos a ayudar a las familias necesitadas en Horizons y en otras escuelas en nuestra área, donando alimentos no perecederos del 12 al 28 de febrero.

## ¿CUÁNDO?

- Desde ahora hasta el 28 de febrero

## ¿CÓMO?

- Traer cualquiera de los siguientes artículos. La clase contará sus artículos cada día.



Estos son algunos ejemplos de alimentos no perecederos y enlatados que estamos buscando:

Productos enlatados	Comidas en caja	Comida para desayuno	Artículos para higiene personal
<ul style="list-style-type: none"> <li>● Vegetales</li> <li>● Fruta</li> <li>● Sopa</li> <li>● Carne, Atún, pollo, jamón</li> <li>● Comidas de pasta</li> </ul>	<ul style="list-style-type: none"> <li>● "Helper" de hamburguesa o atún</li> <li>● Kits para Taco</li> <li>● Macarrones con queso (Mac &amp; Cheese)</li> </ul>	<ul style="list-style-type: none"> <li>● Cereal</li> <li>● Avena</li> <li>● Galletas saladas</li> <li>● Salsa para pasta</li> <li>● Crema de cacahuete</li> <li>● mermelada</li> </ul>	<ul style="list-style-type: none"> <li>● Desodorante</li> <li>● Shampoo</li> <li>● Jabón</li> <li>● Pasta dental</li> <li>● Cepillo de dientes</li> <li>● Productos para el cabello</li> </ul>

Por favor revise que los alimentos no estén caducados antes de donarlos. Cualquier alimento que haya expirado, no se podrá usar.

# LUNCH CHANGES FOR FEBRUARY



			1	2
			Popcorn Chicken with a Breadstick or Crispy Fish and Cheese Sandwich  Seasoned Corn Fresh Broccoli Banana Rosy Applesauce	Chicken Corn Dog or Toasted Cheese Sandwich with Tomato Soup  Steamed Mixed Vegetables Grape Tomatoes Fresh Whole Pear Chilled Peaches
5	6	7	8	9
Crispy Chicken Sandwich or Cheesy Italian Pull Apart with Marinara Sauce  Baked Beans Fresh Celery Sticks Fresh Gala Apple Chilled Mandarin Oranges	Walking Tacos or Hot Dog on a Bun  Seasoned Green Peas Fresh Broccoli Chilled Applesauce Cup Chilled Peaches	Mac N Doritos or Sloppy Joes  Seasoned Green Beans Fresh Cucumber Slices Fresh Whole Pear Chilled Mixed Fruit	French Toast Sticks with a Sausage Patty & Syrup or Hot Ham and Cheese Sandwich  Steamed Carrots Grape Tomatoes Blueberries Chilled Pears	Pizza Day! Galaxy Cheese Pizza or Sunbutter Fun Lunch with Apple Slices and Graham Crackers  Steamed Corn Fresh Baby Carrots Fresh Apple Slices Strawberry Cups
12	13	Valentine's Day! 14	15	16
Boneless Chicken Wings with Garlic Bread or Pulled Pork Sandwich  Seasoned Green Beans Fresh Broccoli Fresh Pear Chilled Mixed Fruit	Cheeseburger or Chicken Caesar Salad with Cheddar Goldfish  Baked Beans Fresh Celery Sticks Fresh Gala Apple Cherry Banana Sidekick	Tony's Pepperoni Pizza or Orange Chicken with Brown Rice and a Dinner Roll  Seasoned Broccoli Fresh Grape Tomatoes Orange Wedges Rosy Applesauce	Mini Corn Dogs or Turkey & Cheese Sub  Steamed Carrots Fresh Cucumber Slices Banana Chilled Pears	Popcorn Chicken with Dinner Roll or Hummus Fun Lunch (Hummus, Flatbread, Carrot Sticks)  Seasoned Corn Fresh Carrot Sticks Fresh Apple Slice Chilled Peaches
19	Muffin Day! 20	21	22	23
No School	Apple Cinnamon Muffin Fun Lunch (Muffin, Goldfish, Yogurt, String Cheese) or Fish Sticks with Goldfish  Steamed Corn Fresh Baby Carrots Fresh Apple Slices Chilled Mixed Fruit	Cheesy Italian Pull Apart with Marinara Sauce or Teriyaki Chicken with Brown Rice  Seasoned Green Peas Fresh Cauliflower Fresh Orange Wedges Chilled Peaches	Waffles with Yogurt and Syrup or Chicken Tenders and a Breadstick  Seasoned Carrots Fresh Broccoli Chilled Blueberries Applesauce Cup	Cheeseburger or Cheese Quesadilla  Seasoned Green Beans Fresh Cucumber Slices Fresh Pear Warm Baked Cinnamon Apples
26	Strawberry Day! 27	28	29	
Boneless Chicken Wings with an Herb Breadstick or BBQ Rib Sandwich  Seasoned Mixed Vegetables Fresh Cucumber Fresh Apple Slices Chilled Pineapple	Chicken Nuggets with Bug Bites or Turkey & Cheese Sub  Baked Beans Fresh Celery Sticks Fresh Pear Strawberry Cups	Mini Corn Dogs or Teriyaki Chicken with Brown Rice and Dinner Roll  Steamed Broccoli Fresh Baby Carrots Orange Wedges Applesauce Cup	Galaxy Cheese Pizza or Italian Meatballs and Sauce with Rotini and Garlic Bread  Seasoned Green Beans Fresh Grape Tomatoes Fresh Banana Chilled Peaches	

This institution is an equal opportunity provider.



**HEALTH SERVICES \* P.O. Box 2019, Appleton, WI 54911 \* 920-852-5344**

### **Is Your Child Well Enough to Go to School? What about COVID?**

It is not always easy to decide if your child is sick enough to stay home or well enough to be in school. Children who come to school are expected, with few exceptions, to participate fully in school activities.

Here are some guidelines that might help in a parent's decision-making.

**Fever:** A fever of 100.0 degrees or more signals an illness that is probably going to make a student uncomfortable and unable to function well in class. Your child should stay home until his or her temperature is less than 100 degrees (without the use of fever reducing medication) for 24 hours and he/she is feeling better.

**Vomiting, Diarrhea or Severe Nausea:** These are symptoms that require a student to remain at home until a normal diet is tolerated for 24 hours.

**Infectious Diseases:** Diseases such as impetigo, and strep throat may require a health care visit and prescription for medication. Contacting the health care provider and using the medicine as directed for the full recommended length of time are necessary. A student may return to school 24 hours after the first dose of an antibiotic and if he/she is feeling well.

**Rashes:** Rashes or patches of broken, itchy skin need to be examined by a health care provider if they appear to be spreading or not improving.

The symptoms of COVID-19 fall within the same guidelines for staying home and returning to school.

**Fever:** A fever of 100.0 degrees or more signals an illness that is probably going to make a student uncomfortable and unable to function well in class. Your child should stay home until their temperature is less than 100 degrees (without the use of fever reducing medication) for 24 hours and they are feeling better.

**Vomiting, Diarrhea or Severe Nausea:** These are symptoms that require a student to remain at home until symptoms have resolved for 24 hours.

Masking will continue to be a personal decision, not a requirement.

In the AASD, we monitor illness rates within our schools and community with the collaboration of the City of Appleton Health Department, and we will continue to do so. As rates increase, our site teams, Student Services team, and Facilities team communicate and increase cleaning efforts and family communication as preventive measures. Families can help us with these preventive measures by following the guidelines above.

Here are some things you can do to help prevent illness:

- Frequent handwashing
- Coughing or sneezing into a tissue or sleeve
- Drink plenty of water
- Eat a well balanced diet
- Clean and disinfect commonly used surfaces
- Don't share personal items



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**¿Tu hijo está lo suficientemente bien como para ir a la escuela? ¿Y qué hay de COVID?**

No siempre es fácil decidir si tu hijo está lo suficientemente enfermo como para quedarse en casa o lo suficientemente bien como para ir a la escuela. Se espera que los niños que asisten a la escuela participen plenamente en las actividades escolares, con pocas excepciones. Aquí hay algunas pautas que pueden ayudar en la toma de decisiones de los padres.

**Fiebre:** Una fiebre de 100.0 grados o más señala una enfermedad que probablemente hará que el estudiante se sienta incómodo e incapaz de funcionar bien en clase. Tu hijo debe quedarse en casa hasta que su temperatura sea inferior a 100 grados (sin el uso de medicamentos para reducir la fiebre) durante 24 horas y se sienta mejor.

**Vómitos, Diarrea o Náuseas Severas:** Estos son síntomas que requieren que el estudiante permanezca en casa hasta que se tolere una dieta normal durante 24 horas.

**Enfermedades Infecciosas:** Enfermedades como el impétigo, y la faringitis estreptocócica requieren visitas al proveedor de atención médica y una receta médica. Es necesario contactar al proveedor de atención médica y usar el medicamento según las indicaciones durante el tiempo recomendado. Un estudiante puede regresar a la escuela 24 horas después de la primera dosis de un antibiótico y si se siente bien.

**Erupciones Cutáneas:** Las erupciones o parches de piel roja y con picazón deben ser examinados por un proveedor de atención médica si parecen estar propagándose o no mejoran.

Los síntomas de COVID-19 se encuentran dentro de las mismas pautas para quedarse en casa y regresar a la escuela.

**Fiebre:** Una fiebre de 100.0 grados o más señala una enfermedad que probablemente hará que el estudiante se sienta incómodo e incapaz de funcionar bien en clase. Tu hijo debe quedarse en casa hasta que su temperatura sea inferior a 100 grados (sin el uso de medicamentos para reducir la fiebre) durante 24 horas y se sienta mejor.

**Vómitos, Diarrea o Náuseas Severas:** Estos son síntomas que requieren que el estudiante permanezca en casa hasta que los síntomas se hayan resuelto durante 24 horas.

El uso de mascarillas seguirá siendo una decisión personal, no un requisito.

En el AASD, supervisamos las tasas de enfermedades dentro de nuestras escuelas y la comunidad en colaboración con el Departamento de Salud de la Ciudad de Appleton, y continuaremos haciéndolo. A medida que las tasas aumenten, nuestros equipos en el sitio, el equipo de Servicios Estudiantiles y el equipo de Instalaciones se comunicarán y aumentarán los esfuerzos de limpieza y la comunicación con las familias como medidas preventivas. Las familias pueden ayudarnos con estas medidas preventivas siguiendo las pautas mencionadas anteriormente.